

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sophia Van Wyk**

Has successfully participated & completed the

**Solo Heifer Cowhouse Cross Duathlon 2019 #2**

held at Cowhouse Market.

**TIME 00:56:10**

**PACE 05:36/km**

**GENDER 5 of 5**

**OVERALL 9 of 9**

**< 13 4 of 4**

07 April 2019, Sun

Date



*BoutTime*

Signature

